COGNITIVE COLLEGE

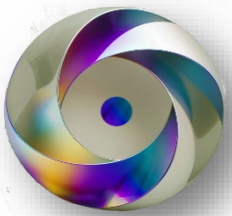
Course Catalog & Curriculum Guide

Academic Year 2028–2029

Master Plan

Building the cognitive infrastructure for human flourishing

COGNITIVECOLLEGE.ORG



A MESSAGE TO PROSPECTIVE STUDENTS

COGNITIVE COLLEGE

We stand at the threshold of a new era in human capability. Advances in genetic engineering and cognitive neuroscience have revealed genomic regulators of attention, emotional balance, and metacognition. Modifying their expression can expand the scope of what the human mind can perceive, process, and accomplish. The implications are profound for individuals, families, communities, and civilization itself.

Yet technology alone is insufficient. A genetic upgrade without preparation, education, and ethical grounding would be incomplete at best and irresponsible at worst. Cognitive College exists to ensure that every candidate who undertakes genetic cognitive transformation does so with full understanding, psychological readiness, and a clear sense of purpose.

This is not a program for the passive or the merely curious. It is designed for individuals who are ready to take full ownership of their cognitive and emotional development—people who recognize that the greatest frontier is not space or cyberspace, but the landscape of human awareness itself.

We invite you to explore this catalog, consider what it would mean to operate at your highest capacity, and decide if Cognitive College is the right environment for your next chapter.

Office of the President
Cognitive College

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ABOUT COGNITIVE COLLEGE

Cognitive College is a public benefit institution of higher learning dedicated to the science and practice of human cognitive enhancement. It serves as the educational nucleus of a holistic cognitive ecosystem—a central campus where scientific research, structured education, clinical gene therapy, and responsible governance converge.

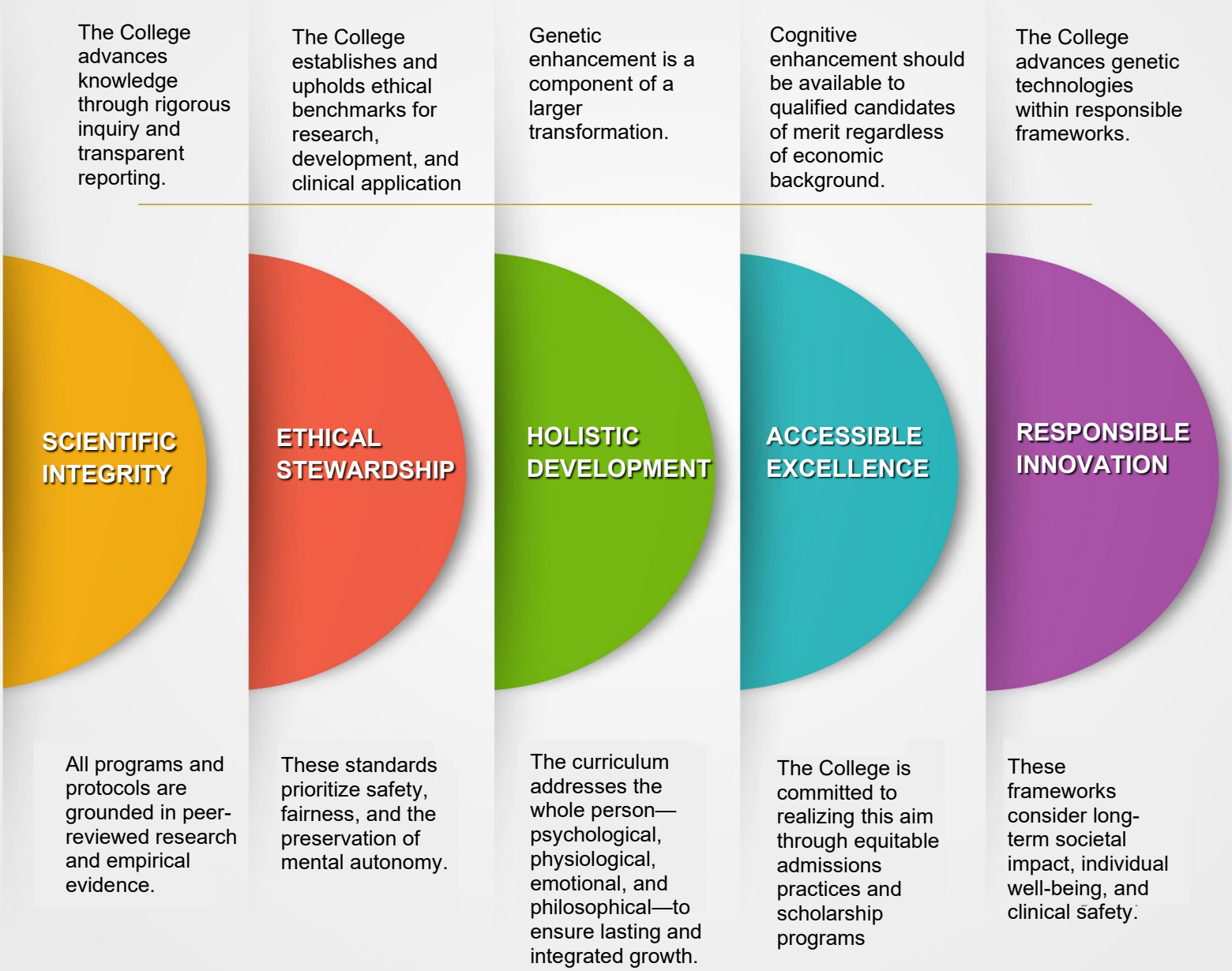
The College prepares candidates for genetic cognitive enhancement and equips them to translate their upgraded neural capacity into meaningful personal growth, professional achievement, and societal contribution. Its four-level progressive curriculum advances students from foundational balance through inner alignment, metacognitive development, and higher consciousness studies toward lasting cognitive and personal transformation.

A central campus of higher learning serving as the central hub of a holistic cognitive ecosystem.

Cognitive College functions as a nexus for scientific research and responsible governance, developing best-in-class delivery practices in tandem with advancing the science of cognitive enhancement. All services—education, counseling, and genetic enhancement—are performed on a central campus to maintain uniform excellence in quality and support.



CORE VALUES


The College advances knowledge through rigorous inquiry and transparent reporting.
SCIENTIFIC INTEGRITY
All programs and protocols are grounded in peer-reviewed research and empirical evidence.
The College establishes and upholds ethical benchmarks for research, development, and clinical application
ETHICAL STEWARDSHIP
These standards prioritize safety, fairness, and the preservation of mental autonomy.
Genetic enhancement is a component of a larger transformation.
HOLISTIC DEVELOPMENT
The curriculum addresses the whole person—psychological, physiological, emotional, and philosophical—to ensure lasting and integrated growth.
Cognitive enhancement should be available to qualified candidates of merit regardless of economic background.
ACCESSIBLE EXCELLENCE
The College is committed to realizing this aim through equitable admissions practices and scholarship programs
The College advances genetic technologies within responsible frameworks.
RESPONSIBLE INNOVATION
These frameworks consider long-term societal impact, individual well-being, and clinical safety.

THE COGNITIVE AGE: WHY NOW

Developed nations have entered the AI era and the foundations of human livelihood are shifting. Human traits rewarded in the Industrial and Information Ages—speed, compliance, endurance, memorization, and linear problem-solving—are giving way to capacities that artificial systems cannot replicate: imagination, insight, presence, empathy, curiosity, intuition, cross-domain synthesis, self-awareness, and adaptability.

In this landscape, cognitive traits reflecting uniquely human abilities will define success in a world where intelligence is ambient and ubiquitous. Thriving will require innovation, energy, and focus. Genetic cognitive enhancement can release a person's latent natural abilities, providing the mental acuity, resilience, and cognitive flexibility to tackle complex challenges and drive ventures forward.



Strategic Cognitive Skills for the New Economy

The transition from a pre-AI economy to the Cognitive Age demands a new class of human competencies. Imagination enables individuals to design new realities, businesses, and art forms that AI cannot originate.

- Creativity allows synthesis across domains to generate novel solutions
- Metacognition and mental control become essential for innovation and self-directed learning
- Emotional intelligence navigates human dynamics in leadership, relationships and communities
- Intuition supports meaningful decisions under uncertainty where data is incomplete

Human Capital Transformation

Cognitive enhancement technologies can unlock this new class of traits by accelerating learning, deepening interpersonal connection, and supporting self-mastery. The benefits include increased cognitive flexibility for rapid upskilling, reduced anxiety for clearer decision-making, improved focus for creative and strategic work, heightened attunement for collaborative and healing roles, and access to flow states for both fulfillment and productivity.

Technologies and platforms that promote mental acuity, emotional intelligence, and self-awareness can build a new human cognitive substrate – *sapience* – that will support thriving in the AI economy.







Global Impact

The broader implications of sapience extend to global challenges. To address climate change and other existential threats, humanity requires a level of consciousness that current methods cannot achieve at scale.

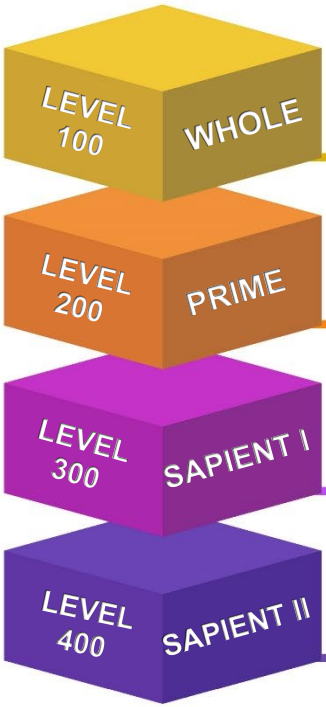
Sapients represent a scalable solution—a community capable of thinking and acting with unprecedented clarity, creativity, and moral insight. Their enhanced cognitive and emotional abilities will support them in leading sustainable development, resource management, and equitable economic growth. By channeling cognitive capital into these areas, Sapients can serve as catalysts for systemic change.

CURRICULUM DOMAINS



ACADEMIC PROGRAM SUMMARY

The curriculum integrates psychological preparation, physiological optimization, life management practices and scientific understanding into a coherent developmental journey. Each level builds upon the previous, ensuring students are thoroughly prepared for each stage of cognitive enhancement. Students design their course of study by selecting modules across foundational, preparatory, enhancement, and advanced tracks.



Balance & Resilience. Fortifies neural networks, increases resili1ency, reduces reactivity, and establishes mental equilibrium as a foundation for cognitive enhancement. Includes foundational wellness, physiological optimization, and consciousness foundations.

Ready for Upgrade. Equips candidates with knowledge, skills, and mindset to navigate their cognitive enhancement journey. Covers inner alignment, visionary blueprint, empowered action, and enhancement preparation.

Cognitive Upgrade. RNA-based cognitive enhancement delivered with comprehensive education, counseling and support. Encompasses cognitive amplification, metacognitive development, emotional mastery, interpersonal excellence, and integration.

Sustained Enhancement. A longer-acting genomic modification maintained through an annual booster to achieve greater presence, clarity, and acuity. Its syllabus includes advanced consciousness studies, identity evolution, societal role, and continuing excellence

ETHICAL STANDARDS & GOVERNANCE

The emergence of cognitive enhancement technologies will profoundly shape the future of human potential, and consequently they carry a substantial responsibility.

Cognitive College is dedicated to ethical governance principles designed to safeguard human dignity, agency, and well-being by prioritizing integrity, compassion, and long-term societal benefit.

The College will establish best practices and industry standards for research and application which prioritize individual safety, efficacy, sovereignty and accessibility.

While no institution can prevent every misuse or unintended consequence, the College is committed to establishing uniform standards of excellence. Providers, institutions, and technologies that uphold these standards will be recognized through a formal system of ethical certification. This recognition can empower the public to make informed, value-aligned decisions while incentivizing responsible innovation.

> *The goal is to consciously guide the future—to ensure that cognitive enhancement becomes a force for healing, growth, and the flourishing of human consciousness.*

ADMISSIONS

Cognitive College applicants complete a series of interviews and psychological tests to verify each person's suitability for gene therapy. The admissions process is designed to ensure that every enrolled candidate possesses the psychological stability, motivation, and readiness to benefit from the program

COGNITIVE COLLEGE

Course Catalog & Curriculum Guide

Curriculum Overview

Cognitive College offers 113 courses organized into16 core and 6 elective groups.

Track	Groups	Courses	Examples
Core Levels 100–400	16	82	Foundational readiness, purpose, vision, enhancement preparation, metacognitive development, emotional balance, interpersonal excellence, wisdom, cognitive amplification
Electives	6	31	Professional skills, relationships, social intelligence, contemplative practices, wellness, science, technology,

► LEVEL 100: WHOLE

Balance & Resilience

Prerequisites: Admission to Cognitive College

Objective: Fortify neural networks, increase resiliency, reduce reactivity, and establish mental equilibrium as a foundation for cognitive enhancement.

Level 100 – Foundational Wellness

FOUNDATIONAL WELLNESS (100-SERIES)

ID	Module Title	Credits	Description
WHL 101	Foundations of Mental Equilibrium	3	Assessment of current psychological state; identification of cognitive obstacles; introduction to neuroplasticity principles
WHL 102	Stress Response Modulation	3	Understanding fight-or-flight mechanisms; techniques for reducing amygdala hyperactivity; building parasympathetic resilience
WHL 103	Emotional Regulation Fundamentals	3	Identifying emotional triggers; developing response flexibility; cultivating emotional intelligence baseline
WHL 104	Neural Anti-Fragility	3	Building psychological resilience; strengthening adaptive stress response
WHL 105	Therapeutic Integration Workshop	2	Resolving past psychological obstacles; trauma-informed processing; establishing psychological clarity

PHYSIOLOGICAL OPTIMIZATION (110-SERIES)

ID	Module Title	Credits	Description
WHL 110	Sleep Architecture & Cognitive Recovery	2	Sleep stages and memory consolidation; optimizing delta and theta wave patterns; circadian rhythm alignment
WHL 111	Nutritional Neuroscience	2	Diet's impact on neurotransmitter synthesis; brain-derived neurotrophic factor (BDNF) optimization; anti-inflammatory protocols
WHL 112	Movement & Neural Integration	2	Exercise physiology for brain health; coordination training; embodied cognition practices
WHL 113	Biorhythm Synchronization	2	Understanding ultradian and circadian cycles; optimizing cognitive performance windows; rest-activity balance
WHL 114	Breathwork & Autonomic Regulation	2	Respiratory techniques for vagal nerve tone; CO2 tolerance training; coherent breathing protocols

CONSCIOUSNESS FOUNDATIONS (120-SERIES)

ID	Module Title	Credits	Description
WHL 120	Introduction to Awareness Science	3	Overview of metacognitive neurophysics; consciousness as primary element; distinction between awareness and information
WHL 121	Meditation Fundamentals	3	Basic concentration techniques; open awareness practice; establishing daily practice discipline
WHL 122	Attention Training Laboratory	2	Sustained attention exercises; selective attention protocols; attention restoration techniques
WHL 123	Mindfulness in Daily Life	2	Integrating presence into routine activities; informal practice methods; state vs. trait mindfulness
WHL 124	The Quiet Mind	2	Attenuating compulsive thinking; reducing mental noise; cultivating inner stillness



► LEVEL 200: PRIME

Ready for Upgrade

Prerequisites: Completion of Level 100 core requirements (minimum 18 credits)

Objective: Equip candidates with knowledge, skills, and mindset to successfully navigate their cognitive enhancement journey.

Level 200 – Enhancement Preparation

PART 1: INNER ALIGNMENT (200-SERIES)

ID	Module Title	Credits	Description
PRM 201	Perceptual Filters & Mental Models	3	Examining how beliefs shape perception; identifying limiting mental frameworks; cognitive reframing techniques
PRM 202	Values Clarification Workshop	3	Deep exploration of personal values; alignment between stated and enacted values; values-based decision making
PRM 203	Belief System Architecture	3	Origins and structure of beliefs; distinguishing fact from interpretation; conscious belief modification
PRM 204	Emotional Archaeology	3	Understanding emotional patterns; releasing stored emotional charge; emotional intelligence advancement
PRM 205	Memory & Identity Integration	3	How memories shape self-concept; working with formative experiences; identity flexibility training
PRM 206	Openness to Transformation	2	Cultivating psychological flexibility; embracing uncertainty; readiness for profound change

PART 2: VISIONARY BLUEPRINT (210-SERIES)

ID	Module Title	Credits	Description
PRM 210	Purpose Discovery & Articulation	3	Identifying core purpose; distinguishing purpose from goals; purpose as organizing principle
PRM 211	Goal Architecture for Sapients	3	SMART goal methodology adapted for enhanced cognition; short/medium/long-term integration; goal hierarchy design
PRM 212	Visualization & Mental Rehearsal	3	Advanced visualization techniques; neurological basis of mental imagery; future-self connection
PRM 213	Intention Setting Practicum	2	Formulating powerful intentions; intention vs. expectation; daily intention protocols

PRM 214	Life Design Workshop	3	Comprehensive life planning; domain integration (health, relationships, career, growth); creating coherent life vision
PRM 215	Talent Mapping & Development	2	Identifying natural aptitudes; strengths-based planning; potential amplification strategies

PART 3: EMPOWERED ACTION (220-SERIES)

ID	Module Title	Credits	Description
PRM 220	Priority Setting & Time Architecture	3	Eisenhower matrix application; time blocking for cognitive workers; protecting deep work
PRM 221	Implementation Science	3	Turning intentions into action; habit formation neuroscience; behavior change systems
PRM 222	Progress Monitoring & Adaptation	2	Feedback loop design; course correction protocols; resilient goal pursuit
PRM 223	Discipline & Self-Regulation	3	Willpower science; decision fatigue management; environmental design for success
PRM 224	Sustainable Practice Development	2	Building lasting routines; preventing burnout; integration vs. compartmentalization

PART 4: ENHANCEMENT PREPARATION (230-SERIES)

ID	Module Title	Credits	Description
PRM 230	Science of Cognitive Enhancement	4	Detailed overview of HTR2A modulation; mechanism of action; what to expect physiologically
PRM 231	Understanding Your Neurology	3	Personal neuroimaging interpretation; baseline cognitive assessment; individual variation factors
PRM 232	Enhancement Protocol Familiarization	2	Step-by-step treatment process; administration procedures; safety monitoring
PRM 233	Managing the Transition	3	What to expect during and after enhancement; integration strategies; support resources
PRM 234	Ethics of Enhancement	3	Personal responsibility; societal implications; ethical decision-making frameworks

► LEVEL 300: SAPIENT I

Cognitive Upgrade

Prerequisites: Completion of Level 200 core requirements; psychological readiness certification

Objective: RNA-based cognitive enhancement delivered with comprehensive support education.

Level 300 – Sustained Enhancement

COGNITIVE AMPLIFICATION (300-SERIES)

ID	Module Title	Credits	Description
SAP 301	Focus Mastery	3	Leveraging enhanced attention; sustained concentration techniques; distraction immunity training
SAP 302	Memory Optimization	3	Working memory expansion; encoding strategies for enhanced recall; memory palace construction
SAP 303	Creative Intelligence	3	Divergent thinking enhancement; ideation protocols; breakthrough problem-solving
SAP 304	Learning Acceleration	3	Speed learning methodologies; skill acquisition optimization; transfer learning techniques
SAP 305	Mental Clarity Cultivation	3	Maintaining lucid awareness; reducing cognitive noise; mental sharpness practices
SAP 306	Imagination Development	3	Expanding imaginative capacity; visualization advancement; creative visioning

METACOGNITIVE DEVELOPMENT (310-SERIES)

ID	Module Title	Credits	Description
SAP 310	Metacognition Fundamentals	4	Thinking about thinking; self-monitoring cognition; metacognitive regulation strategies
SAP 311	Deepening Self-Awareness	3	Introspective accuracy; blind spot identification; enhanced self-knowledge
SAP 312	Mindfulness for Sapients	3	Advanced meditation practices; accessing deeper states; sustained present-moment awareness
SAP 313	Witness Consciousness Training	3	Developing observer perspective; non-identification with thought; pure awareness access
SAP 314	Cognitive Flexibility Lab	3	Perspective-shifting exercises; mental agility training; curating adaptive thinking

EMOTIONAL MASTERY (320-SERIES)

ID	Module Title	Credits	Description
SAP 320	Emotional Intelligence Enhancement	4	Advanced EQ development; emotion recognition refinement; emotional regulation mastery
SAP 321	Optimism Cultivation	3	Neuroplasticity of positivity; cognitive restructuring for optimism; resilient positivity
SAP 322	Emotional Balance Practicum	3	Maintaining equanimity; recovering from emotional perturbation; emotional homeostasis
SAP 323	Compassion & Empathy Development	3	Expanding capacity for connection; empathic accuracy training; compassionate action
SAP 324	Managing Enhanced Sensitivity	2	Navigating increased emotional awareness; healthy boundaries; processing intensity

INTERPERSONAL EXCELLENCE (330-SERIES)

ID	Module Title	Credits	Description
SAP 330	Advanced Communication	3	Clarity in expression; deep listening; non-verbal awareness
SAP 331	Relationship Dynamics	3	Understanding enhanced interpersonal dynamics; navigating changed relationships; building sapient connections
SAP 332	Conflict Resolution for Sapients	2	Leveraging enhanced perspective; de-escalation techniques; win-win negotiation
SAP 333	Leadership & Influence	3	Ethical influence; inspirational leadership; serving collective good
SAP 334	Collaboration & Team Intelligence	3	Group cognition; collective problem-solving; sapient teamwork



INTEGRATION & APPLICATION (340-SERIES)

ID	Module Title	Credits	Description
SAP 340	Enhancement Integration Workshop	4	Processing the enhancement experience; identity integration; life restructuring
SAP 341	Professional Application	3	Applying enhanced cognition to career; workplace integration; professional identity evolution
SAP 342	Personal Relationship Navigation	3	Managing relationships during transition; family dynamics; intimate partnership considerations
SAP 343	Life Purpose Actualization	3	Activating identified purpose; contribution planning; legacy design
SAP 344	Ongoing Optimization Protocols	2	Maintaining and building on enhancement; continuous improvement; preventing regression

► LEVEL 400: SAPIENT II

Sustained Enhancement

Prerequisites: Demonstrated stability on Level 300; advanced psychological assessment

Objective: Prolonged cognitive enhancement with comprehensive preparation and lifelong community.

Level 400 – Permanent Enhancement

ADVANCED PREPARATION (400-SERIES)

ID	Module Title	Credits	Description
SAP 401	Sustained Enhancement Science	4	Genomic modification; dosing, durability and individual differences research
SAP 402	Long-Range Life Planning	4	Planning for sustainably enhanced state; life trajectory considerations; legacy planning
SAP 403	Psychological Preparation for Permanence	3	Mental readiness for prolonged change; identity considerations; commitment exploration
SAP 404	Advanced Neuroimaging Assessment	2	Comprehensive pre-treatment brain mapping; establishing detailed baseline and outcome prediction

WISDOM & DEPTH (410-SERIES)

ID	Module Title	Credits	Description
SAP 410	Wisdom Cultivation	4	Developing practical wisdom; integrating experience; making wise decisions
SAP 411	Existential Intelligence	3	Engaging with fundamental questions; discerning meaning; philosophical depth
SAP 412	Intuition Development	3	Trusting enhanced intuitive capacity; intuition-reason integration; applied intuition
SAP 413	Source Connection	3	Exploring transcendent dimensions of enhanced awareness; spiritual integration; cosmic perspective
SAP 414	Character Development	3	Integrity cultivation; virtue development; becoming one's highest self

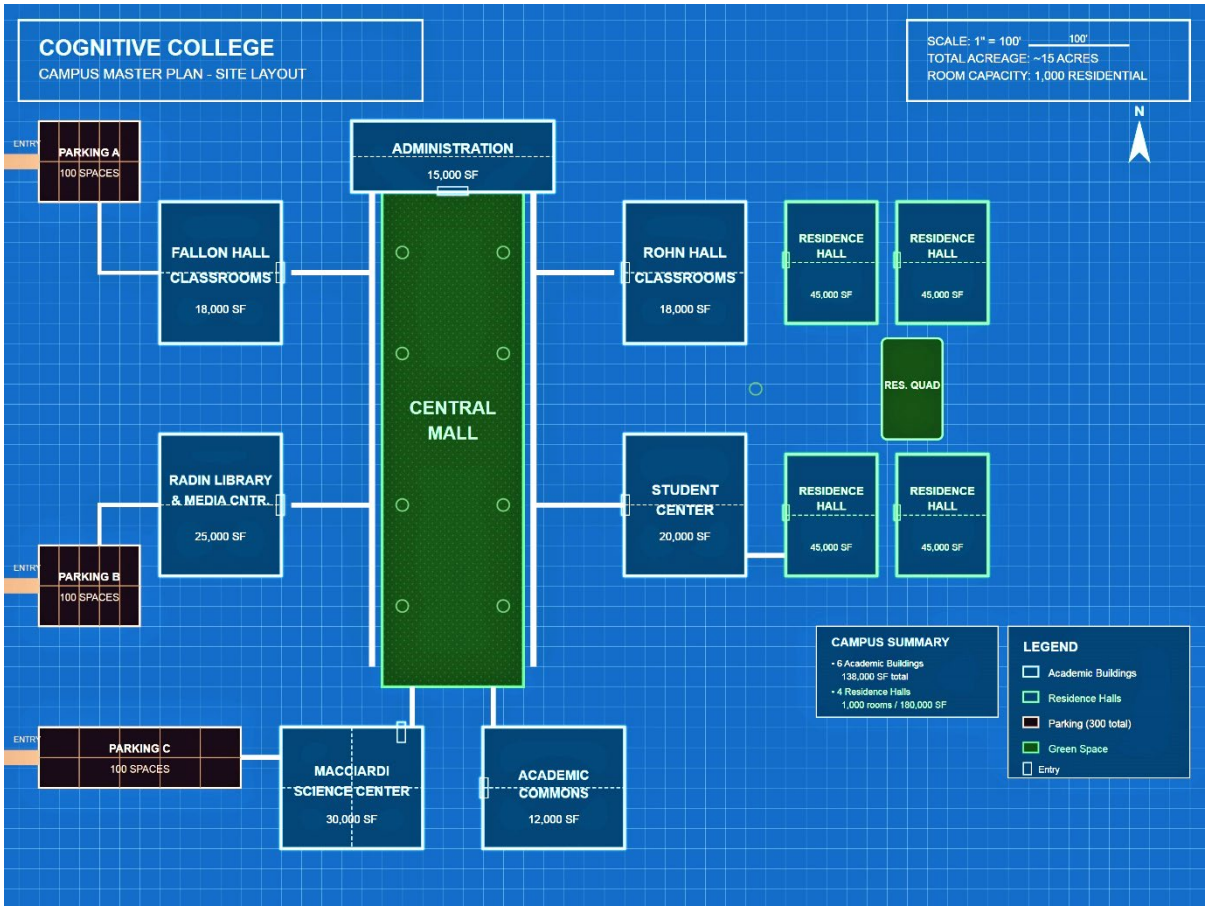
SOCIETAL CONTRIBUTION (420-SERIES)

ID	Module Title	Credits	Description
SAP 420	Global Challenges & Sapient Solutions	4	Applying enhanced cognition to humanity's pressing problems; systems thinking for global issues
SAP 421	Sustainable Development Leadership	3	Climate, resources, and equity solutions; regenerative thinking
SAP 422	Ethical Leadership in the Cognitive Age	3	Leading transformation responsibly; influence for collective good; ethical frameworks
SAP 423	Community Building & Service	3	Creating sapient communities; mentorship; paying it forward
SAP 424	Policy & Advocacy	2	Engaging governance systems; advocating for responsible enhancement; shaping the future



CONTINUING EXCELLENCE (430-SERIES)

ID	Module Title	Credits	Description
SAP 430	Lifelong Learning Design	3	Structuring ongoing development; identifying growth edges; continuous evolution
SAP 431	Peer Mentorship Certification	3	Training to guide others through enhancement journey; mentorship methodology
SAP 432	Alumni Leadership Forum	2	Ongoing Sapient community connection; collaborative projects; shared wisdom
SAP 433	Research Participation	2	Contributing to advancement of cognitive science; citizen science engagement
SAP 434	Legacy Planning	3	Designing lasting positive impact; generativity; long-term contribution strategy



Elective Tracks

COGNITIVE AGE PROFESSIONAL SKILLS

ID	Module Title	Credits	Description
PRO 501	AI-Era Skill Navigation	3	Identifying human-unique value in AI economy; future-proofing career; complementing AI
PRO 502	Innovation & Entrepreneurship	3	Leveraging enhanced creativity for venture creation; opportunity recognition; startup mindset
PRO 503	Knowledge Work Optimization	3	Deep work protocols; information synthesis; intellectual productivity
PRO 504	Creative Professional Practice	3	Enhanced creativity in artistic/design professions; flow state mastery; creative output
PRO 505	Strategic Thinking & Decisions	3	Complex decision analysis; long-term strategic planning; scenario thinking

SCIENTIFIC FOUNDATIONS

ID	Module Title	Credits	Description
SCI 510	Metacognitive Neurophysics I	4	Axioms 1–6; awareness packets (itons/otons); conservation of awareness
SCI 511	Metacognitive Neurophysics II	4	Axioms 7–9; corollaries; wave field coupled circuit; mind-matter interface
SCI 512	Neural Electrodynamics	3	RC circuit principles in neurons; Ohm's Law; impedance and current
SCI 513	Brainwave Dynamics	3	EEG frequency bands; cognitive correlates; brain power generation
SCI 514	5-HT2A Receptor Biology	3	Serotonin system; receptor mechanisms; genetic modulation principles
SCI 515	Consciousness Science Survey	3	Landscape of consciousness theories and sciences; empirical findings

CONTEMPLATIVE PRACTICES

ID	Module Title	Credits	Description
CON 520	Advanced Meditation Retreat	4	Extended silent practice; deep state access; meditation intensification
CON 521	Concentration Mastery	3	Single-pointed focus development; absorption states; jhana-like experiences
CON 522	Open Awareness Practice	3	Choiceless awareness; spacious mind; non-dual recognition
CON 523	Body-Based Practices	2	Yoga, tai chi, qigong for cognitive enhancement; somatic awareness
CON 524	Contemplative Science	3	Research on meditation; understanding practice effects; evidence-based spirituality



HEALTH & WELLNESS SPECIALIZATION

ID	Module Title	Credits	Description
HLT 530	Advanced Sleep Optimization	2	Sleep tracking; intervention protocols; maximizing cognitive restoration
HLT 531	Cognitive Nutrition	3	Brain-specific nutrition science; supplementation; meal timing
HLT 532	Movement for Brain Health	2	Exercise protocols for neurogenesis; BDNF optimization; coordination training
HLT 533	Stress Inoculation Training	2	Building stress resilience; hormetic stressors; recovery optimization
HLT 534	Longevity & Brain Aging	3	Preventing cognitive decline; neural excitation research; healthy aging strategies

RELATIONSHIP & SOCIAL INTELLIGENCE

ID	Module Title	Credits	Description
REL 540	Deep Listening Practicum	2	Advanced listening skills; empathic presence; transformative dialogue
REL 541	Family Systems & Enhancement	3	Navigating family dynamics during transition; supporting family members
REL 542	Intimate Partnership Enhancement	3	Deepening romantic connection; enhanced emotional intimacy; partnership evolution
REL 543	Community Leadership	3	Building and leading sapient communities; group facilitation; collective intelligence
REL 544	Cross-Cultural Intelligence	2	Enhanced intercultural competence; global perspective; cultural bridging

COGNITIVE ENHANCEMENT TECHNOLOGIES

ID	Module Title	Credits	Description
TEC 540	Genetic Cognitive Enhancement	4	Survey of genetic platforms for neural optimization including genetic and epigenetic editing, transcription and translation.
TEC 541	Transcranial Magnetic Stimulation (TMS)	3	Principles of electromagnetic neural modulation; repetitive TMS protocols for cognitive enhancement
TEC 542	Focused Ultrasound Neuromodulation	3	Low-intensity focused ultrasound mechanisms of action; Sanmai Technologies and emerging commercial platforms
TEC 543	Neural Interface Technologies	3	Brain-computer interface architectures; Neuralink and competing implantable electrode systems;
TEC 544	Psychedelic Neurochemistry	3	Clinical evidence for cognitive flexibility and emotional processing; dosing and microdosing paradigms

Sample Degree Pathways

Pathway A: Comprehensive Enhancement Track

For students seeking full progression through all levels

- Level 100 (24 credits min): WHL 101, 102, 103, 104 (Core: 12 cr) + WHL 110, 111, 112 (Physiology: 6 cr) + WHL 120, 121 (Consciousness: 6 cr)
- Level 200 (30 credits min): PRM 201, 202, 203, 204, 206 (Inner Alignment: 14 cr) + PRM 210, 211, 212, 214 (Blueprint: 12 cr) + PRM 230, 231, 233 (Enhancement Prep: 10 cr)
- Level 300 (36 credits min): SAP 301, 302, 305 (Cognitive: 9 cr) + SAP 310, 311, 312 (Metacognitive: 10 cr) + SAP 320, 321, 322 (Emotional: 10 cr) + SAP 340, 341, 343 (Integration: 10 cr)

Pathway B: Scientific Understanding Track

For researchers and those seeking deep theoretical knowledge

- SCI 510, 511, 512, 513, 514, 515 (Scientific Foundation: 24 cr.)
- WHL 120, 121 (Consciousness Foundation: 6 cr.)
- SAP 310, 311 (Metacognitive Development: 7 cr.)

Pathway C: Professional Excellence Track

For career-focused enhancement application

- PRO 501, 502, 503, 505 (Professional Skills: 12 cr.)
- SAP 301, 302, 303, 304 (Cognitive Amplification: 12 cr.)
- SAP 330, 331, 333, 334 (Interpersonal Excellence: 11 cr.)

Pathway D: Contemplative Depth Track

For those emphasizing meditation and awareness development

- CON 520, 521, 522, 524 (Contemplative Practices: 13 cr.)
- SAP 310, 311, 312, 313 (Metacognitive Development: 13 cr.)
- WHL 120, 121, 122, 124 (Consciousness Foundations: 10 cr.)



Academic Policies

Credit Requirements by Level

Level	Minimum Credits	Core Required	Electives	Total Available
100 – WHOLE	18	12	6	39
200 – PRIME	24	18	6	59
300 – SAPIENT I	30	20	10	80
400 – SAPIENT II	24	16	8	56

Advancement Requirements

100 → 200: Completion of Level 100 core; psychological assessment clearance

200 → 300: Completion of Level 200 core; medical clearance; enhancement protocol consent

300 → 400: Minimum 6 months post-enhancement; stability assessment; advanced psychological clearance

Assessment Methods

- Experiential competency demonstrations
- Neuroimaging progress tracking
- Psychological assessment batteries
- Portfolio documentation
- Peer review participation
- Practical application projects



Support Services

Cognitive upgrades may be transformative for many people. Sapients may experience positive shifts in awareness, personality, outlook, values, relationships, and professional interests. The College provides comprehensive support to ensure these transitions are well managed and fully integrated.

Academic Advising. Personalized pathway design to help each student select the course sequence best suited to their goals, learning style, and professional aspirations.

Psychological Support. Individual and group counseling available at every level, with specialized support during genetic enhancement.

Technology Selection. A counseling service for students seeking guidance on choosing the most appropriate cognitive enhancement technology for meeting their goals.

Wellness Monitoring. Ongoing wellness tracking including neuroimaging progress assessment, biomarker monitoring, and physiological optimization guidance.

Integration Support. Post-enhancement adjustment assistance to help Sapients navigate changes in cognition, perception, relationships, and professional identity.

Alumni Network. Lifelong connection with the Sapient community through local alumnae groups will help graduates navigate changes, integrate growth, exchange insights, and remain connected with their peers.

Continuing Education. Sapients may return to campus for continuing education programs to refine their consciousness management skills and join other graduates for social and professional networking.

Cognitive College reserves the right to modify course offerings, credit requirements and academic policies based on advancing research and best practices in cognitive enhancement education.

Cognitive College Admissions

cognitivecollege.org



Building the cognitive infrastructure for human flourishing